



Watercolour Journaling

Fourteen-Day Live Workshop · Supply List

16 November – 16 December 2026 · Orientation Sun 15 Nov · Mon, Wed & Fri · 8:00–10:00 PM IST · Live on Zoom

Brand recommendation options are provided for convenience. Please purchase any one suitable item from each category, based on availability. Anything you already own is perfectly fine.

1. Paper

Paper is the one thing worth getting right, and the specification below is not negotiable. On the right paper the washes settle smoothly and the colours blend the way they are meant to; on the wrong paper the same brushstroke behaves differently and the fault looks like your painting.

- 100% cotton
- 300 GSM or more
- Cold pressed
- Square 7×7 inches, A4 size or bigger

Handmade or rough-texture paper should be avoided.

Option 1 — Alekhya Watercolour Journal

Square, 7×7 inches, which is what the instructor uses · shop.alekhyam.com/products/alekhyam-watercolour-journal-square

A5 size · shop.alekhyam.com/products/alekhyam-watercolour-journal-a5

Questions about the journals, WhatsApp +91 99532 94441

Option 2 — Brustro 100% Cotton Cold Pressed · amzn.in/d/0huWShyP

2. Pens

For the line work the painting sits on. Brustro fine liners, or any black ball pen you already write comfortably with.

Brustro Fine Liners · amzn.in/d/4SXi2d9

3. Paints

Any artist-grade watercolours are fine, in pans or in tubes. Student-grade paint is the second most common reason a wash goes muddy, after the paper. Four options, and one is enough.

Option 1 — Camel, cakes · amzn.in/d/62VCHvI

Option 2 — Camel, tube paints · amzn.in/d/0buWKnVu

Option 3 — Brustro, tube paints · amzn.in/d/3cznJAI

Option 4 — White Nights pans · sitaramstationers.com/product/white-nights-watercolour-pans-basic-colours-open-stock

Required colour list

- Burnt sienna
- Yellow ochre
- Crimson lake or quin magenta, any pink
- Cadmium red, scarlet lake or pyrrol red, any warm red
- Lemon yellow
- Permanent orange
- Cadmium yellow, permanent yellow or hansa yellow, any warm yellow
- Ultramarine blue
- Pthalo blue or cerulean blue, any aqua blue
- Payne's grey
- Sap green
- Violet

4. Brushes

Natural hair or natural-hair-imitation round brushes with a good tip, in sizes 2, 6, 8 and 12. A brush that holds a point is what makes the fine work possible at the end of a painting.

Option 1 — Roubloff squirrel imitation · sitaramstationers.com/product/roubloff-round-brush-from-imitation-squirrel-1f10

Option 2 — Brustro Aquastrokes set · amzn.in/d/3hJQKYO

Option 3 — Artyshils Silverbill brush set · artyshils.in/collections/all-brushes/products/silver-bill-soft-watercolour-round-mop-set

5. Palette

Needed only if you are using tube paints. Pan sets carry their own mixing surface.

Recommended option · amzn.in/d/fxUE3eY

6. Also Keep Ready

- Two containers of clean water, one for the first rinse and one for mixing lighter colours
- An old cloth or paper towel for controlling how much water sits in the brush

Quick checklist: 100% cotton 300 GSM cold-pressed paper or journal, a black pen or fine liner, artist-grade watercolours covering the colour list above, round brushes in sizes 2, 6, 8 and 12, a palette only if you are using tube paints, two water containers, and an old cloth.

Need help choosing? The list above should be enough. If you would still like a hand, reach out before or after registering and we will be glad to help.

WhatsApp **+91 99532 94441** · Email hi@alekhyam.com

Workshop page · alekhyam.com/page/watercolour-journaling-14-day-workshop